



Join Florida Grapefruit at Disney's Fit for a Princess Expo

Booth # 442

- WHEN:Friday, February 24:9 am 7 pmSaturday, February 25:9 am 6 pm
- WHERE: ESPN Wide World of Sports Complex 700 S. Victory Way Kissimmee, FL 34747 (Located at Exit 65 off of I-4)

The Princess Expo will be held inside the Jostens Center.

(*Note: The ESPN Complex is very large. You can print a map showing where the Jostens Center is located at* <u>http://espnwwos.disney.go.com/complex/directions-map.</u>)

- WHAT: Disney's Fit for a Princess Expo is a two-day celebration for Princess Half Marathon runners, family and friends. Expo visitors will have the opportunity to sample fresh Florida grapefruit and 100% grapefruit juice, learn how to fuel a healthy lifestyle with *The Grapefruit Active Lifestyle Meal Plan*, sign up to "Like" the Juicy Scoop on Facebook, and register to win sassy prizes.
- MEET: Dawn Jackson Blatner, registered dietitian and certified specialist in sports dietetics, creator of *The Grapefruit Active Lifestyle Meal Plan*.

Friday, February 23: 3 pm – 7 pm Saturday, February 24: 11 am – 3 pm



DETAILS: The Expo is FREE and open to the public.

Parking at the ESPN Wide World of Sports Complex is free. (Note: Disney has indicated that Friday, 2/24 is less busy for the ESPN complex and offers more convenient parking options.)